

Guava leaf tea for diabetes

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e elevation. To manage blood sugar levels, people with diabetes these days prefer the consumption of green tea as it poss
neither induced toxicity and mutagenicity nor abnormal interaction with any anti-diabetic and anti-hyperlipidemia drugs
Thailand and Africa are also utilising guava leaf extracts for lowering blood glucose levels. Natural substances are effective

Keywords: Guava leaf tea, Diabetes, Metabolic syndrome, Guava leaf polyphenols, Postprandial blood glucose

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